**GOAL 1. NO POVERTY**

What accounts for the majority of out-of-pocket payments for health in the WHO European Region, sometimes pushing people into poverty?
- Acute or emergency care
- Medicines/pharmaceuticals
- Hospital stays

**GOAL 2. ZERO HUNGER**

What percentage of infants, on average, are exclusively breastfed during the first 6 months of life in European countries?
- 13%
- 68%
- 75%

**GOAL 3. GOOD HEALTH & WELL-BEING**

By how many years has life expectancy in the WHO European Region risen in the past 20 years?
- 2.2 years
- 3.7 years
- 4.6 years

**GOAL 4. QUALITY EDUCATION**

What percentage of European countries have a health promoting school policy included in the national education policy?
- 30%
- 62%
- 78%

**GOAL 5. GENDER EQUALITY**

What proportion of women in the WHO European Region experience intimate partner violence during their lifetime?
- 1 in 20, 5%
- 1 in 10, 10%
- 1 in 4, 25%

**GOAL 6. CLEAN WATER & SANITATION**

How many people in the WHO European Region lack access to a basic drinking-water source?
- 14 million
- 22 million
- 6 million

**GOAL 7. AFFORDABLE & CLEAN ENERGY**

Which energy-efficient forms of active transport reduce rates of obesity, diabetes, coronary heart disease, stroke and traffic injuries?
- Cycling
- Walking
- All of the above

**GOAL 8. DECENT WORK & ECONOMIC GROWTH**

One extra year of life expectancy has been shown to raise gross domestic product (GDP) per capita by how much?
- 1%
- 4%
- 7%

**GOAL 9. INDUSTRY, INNOVATION AND INFRASTRUCTURE**

What percentage of countries in the WHO European Region has a national electronic health (eHealth) policy or strategy?
- 20%
- 50%
- 70%

**GOAL 10. REDUCE INEQUALITIES**

In 2014, 73% of men in the European Region were in full-time employment, compared to what percentage of women?
- 41%
- 51%
- 61%

**GOAL 11. SUSTAINABLE CITIES & COMMUNITIES**

How many people die each year in the WHO European Region due to air pollution?
- 300 000
- 600 000
- 900 000

**GOAL 12. RESPONSIBLE CONSUMPTION AND PRODUCTION**

The activities of health systems put pressure on the environment in which of these ways?
- By generating hazardous and conventional waste, as well as wastewater
- By consuming resources, e.g., water and energy, and producing greenhouse gas emissions
- All of the above

**GOAL 13. CLIMATE ACTION**

What were the deadliest extreme weather events in 1991–2015 in Europe?
- Floods
- Heat waves
- Earthquakes

**GOAL 14. LIFE BELOW WATER**

Which European diet, recommended as a healthy diet to follow, has lean and fatty fish at its centre?
- Nordic diet
- Paleo diet
- Gluten-free diet

**GOAL 15. LIFE ON LAND**

What have studies shown to be the health benefits for people living in urban areas with more green space?
- Reduced level of stress
- Lower likelihood of having type 2 diabetes
- All of the above

**GOAL 16. PEACE & JUSTICE**

Human rights violations, along with widespread stigmatization and discrimination, continue to hinder access to health services in the WHO European Region for which 3 diseases?
- Viral hepatitis, HIV and TB
- Cardiovascular disease, diabetes and chronic respiratory diseases
- Measles, mumps and rubella

**GOAL 17. PARTNERSHIPS FOR THE GOALS**

Who is responsible for achieving the Sustainable Development Goals?
- Policy-makers
- Civil society
- Everyone has a role to play in achieving the Sustainable Development Goals

+BONUS+

How long has WHO been working to achieve its objective of, as stated in the WHO Constitution, "the attainment by all peoples of the highest possible level of health"?
- 50 years
- 60 years
- 70 years
## SUSTAINABLE DEVELOPMENT GOALS QUIZ - ANSWERS

### GOAL 1. NO POVERTY
What accounts for the majority of out-of-pocket payments for health in the WHO European Region, sometimes pushing people into poverty?

**Medicines/pharmaceuticals**  

### GOAL 2. ZERO HUNGER
What percentage of infants, on average, are exclusively breastfed during the first 6 months of life in European countries?

13%  
Source: Better food and nutrition in Europe: a progress report monitoring policy implementation in the WHO European Region (2017)

### GOAL 3. GOOD HEALTH & WELL-BEING
By how many years has life expectancy in the WHO European Region risen in the past 20 years?

4.6 years  

### GOAL 4. QUALITY EDUCATION
What proportion of women in the WHO European Region experience intimate partner violence during their lifetime?

1 in 4, 25%  
Source: Women’s health and well-being in Europe: beyond the mortality advantage (2016)

### GOAL 5. GENDER EQUALITY
What percentage of European countries have a health promoting school policy included in the national education policy?

62%  
Source: Schools for Health in Europe: Fact sheet on health promoting schools

### GOAL 6. CLEAN WATER & SANITATION
How many people in the WHO European Region lack access to a basic drinking-water source?

14 million  

### GOAL 7. AFFORDABLE & CLEAN ENERGY
Which energy-efficient forms of active transport reduce rates of obesity, diabetes, coronary heart disease, stroke and traffic injuries?

All of the above  

### GOAL 8. DECENT WORK & ECONOMIC GROWTH
One extra year of life expectancy has been shown to raise gross domestic product (GDP) per capita by how much?

4%  

### GOAL 9. INDUSTRY, INNOVATION AND INFRASTRUCTURE
What percentage of countries in the WHO European Region has a national electronic health (eHealth) policy or strategy?

70%  
Source: Third global survey on eHealth (2015)

### GOAL 10. REDUCE INEQUALITIES
In 2014, 73% of men in the European Region were in full-time employment, compared to what percentage of women?

51%  
Source: Women’s health and well-being in Europe: beyond the mortality advantage (2016)

### GOAL 11. SUSTAINABLE CITIES & COMMUNITIES
How many people die each year in the WHO European Region due to air pollution?

600,000  

### GOAL 12. RESPONSIBLE CONSUMPTION AND PRODUCTION
The activities of health systems put pressure on the environment in which of the following ways?

All of the above  

### GOAL 13. CLIMATE ACTION
What were the deadliest extreme weather events in 1991–2015 in Europe?

**Heat waves**  
Source: Climate change adaptation and disaster risk reduction in Europe (EEA Report) (2017)

### GOAL 14. LIFE BELOW WATER
Which European diet, recommended as a healthy diet to follow, has lean and fatty fish at its centre?

**Nordic diet**  
Source: What national and subnational interventions and policies based on Mediterranean and Nordic diets are recommended or implemented in the WHO European Region (...) (2018)

### GOAL 15. LIFE ON LAND
What have studies shown to be the health benefits for people living in urban areas with more green space?

All of the above  

### GOAL 16. PEACE & JUSTICE
Human rights violations, along with widespread stigmatization and discrimination, continue to hinder access to health services in the WHO European Region for which 3 diseases?

**Viral hepatitis, HIV and TB**  

### GOAL 17. PARTNERSHIPS FOR THE GOALS
Who is responsible for achieving the Sustainable Development Goals?

**Everyone has a role to play in achieving the Sustainable Development Goals**  
Source: Partnerships and intersectoral action for the SDGs

### + BONUS +
How long has WHO been working to achieve its objective of, as stated in the WHO Constitution, “the attainment by all peoples of the highest possible level of health”?

70 years  
Source: Constitution of the World Health Organization (1946)

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World Health Organization  
Regional Office for Europe